

Only if you wish to earn Karma Saathi Award

You are required to record of your comments in a “Karma Saathi Project Book.”

If you do not wish to earn the Karma Saathi Award, you do not have to. We encourage you to earn Karma Saathi Award for two main reasons:

1. Your student will most certainly appreciate working side by side with you. This is an experience he will carry with him for life.
2. The Project Book will be a memory to last a life time.

You may keep the project book in one of the two formats:

- ❖ Electronic File.
- ❖ Hard Copy - Write in the Saathi Workbook in the space provided and submit.

We know you are busy. So we have kept the record keeping at a more adult level.

Your comments

At the End of Each Adhyay would suffice.


Tell us how you feel at the end of each Adhyay and any changes you have felt in your or your student’s life because of the Karmas you and your student have completed.

You can write in the Karma Saathi workbook and submit it

or

If you like you can make a MS word file or pdf file and submit it.

Write-up.

- ❖ Be brief
- ❖ Briefly detail your thoughts about the Karma and what your student has learned.
- ❖ If you completed any aspect of the karma, record with your comments.
- ❖ Any other comments.
- ❖ If you have taken any pictures, paste them.
- ❖ Say something when possible, about each item after  icon in the Student Workbook.

IF YOU DECIDE TO SET UP A PROJECT BOOK, THEN

General Guidelines:

Size: 8.5 x 11, 1" margins all around, 1.15 line space minimum.

Format: MS Word file or pdf file.

Font: If you used Fancy Fonts or fonts which are not common to MS Word document, you MUST submit file in pdf format - otherwise we cannot read it.

Header: Each page - including the Title Page must have the following header.

Your ID number assigned, Your First Name & Last Name **Page**
Number

Inserts: You can use any clip art/ graphics/ pictures you like. B&W or Color - does not matter. If the file size is too large, you may have to send it in a CD.

First line of each page; Left Hand Side: Write the Adhyay number and Karma number.

Bottom of each Page:

Approx. Time taken to complete this Karma: in minutes or hours Date of
Completion: mm/dd/yy
No of days since completion of last Karma: xx

First Page Must be a Title Page.

You can use your imagination in creating a pious Title Page. It must state the following.

Karma Saathi Project Book

Saathi Name & relationship: xxx

Student Name: xxx

Bhakta Name & relationship: xxx

Date Project Started: xxx

Date of Project Book Submission: xxx

About Yourself

Introduce yourself in the best possible way.

Use one page only.

State the following and **if applicable**:

- ❖ **You** - name, age, anything else you wish to say.
- ❖ **Your immediate family** - father, mother, siblings, other family members who live in the same house, their occupation.
- ❖ **Your school** - name, grade, anything else you wish to say.
- ❖ **Your interests and hobbies.**

Tables

Only if you wish you may prepare and complete the tables. Follow the suggested formats in the Student Project Book Guidelines. You may make your own or copy and use ours.

A Karma Saathi is required to submit the write up either as a Saathi Workbook or a Project Book in order to earn Karma Award.

If you have any questions, Please send us an email at: info@naha.us
We wish you all the best in successful completion of this program.

Privacy & Use of Submission:

Your project book is used only for the express purpose of determining your suitability to earn Karma Award. We reserve the right to select any portion from the Project Book submitted to be on our website as an example for other students to see. There are many Karmas in the Karma Award program that requires you to observe other people and reflect on your own behavior. Please do not identify any people - and if you must - you can use A, B, C, etc. You need not write any aspect of your own behavior you wish to keep confidential.
